



FOUNDER, WHOLENESS MEDICINE

Pia Kynoch has spent more than 30 years helping people understand what's really going on beneath the surface — first as a multi-award-winning skin and wellness practitioner and clinic owner, and now as the founder of Wholeness Medicine.

Pia's career and ongoing studies have been focused on the question conventional health training rarely answers: how do the body's systems — nervous, hormonal, immune, gut and skin — actually talk to one another?

That driver became her life's work, and today it's a whole-person approach that looks at the woman in front of you, not just the symptom on the surface.

Her background is unusually broad: beauty therapy, dermal science, a Bachelor of Health Science in Naturopathy, and years of further study across trauma physiology, breathwork, somatic practice, functional nutrition, neuroscience and quantum biology. It's this "science-meets-soul" depth that's made her a sought-after practitioner, keynote speaker, an awards judge, and a familiar voice in the wellness press on stress, hormones, circadian rhythm and the gut-brain connection.

Pia now trains practitioners of various modalities around the world through Wholeness Medicine — but her message is for every woman in the room: your body isn't a list of separate problems to be managed. It's one connected, intelligent whole — and understanding this, forging a relationship with this, changes everything.